


# Laura Duffy Design

## SALES/MEDIA SHEETS

### LOVE THE DARK DAYS


by Ira Mathur

Peepal Tree Press



This frank, fearless and multi-layered debut centers on a privileged but dysfunctional Indian family, with themes of empire, migration, race, and gender. The Victorian India elephant in the room in Ira Mathur's self-narrated memoir *Love the Dark Days* is in chains. By the time calypso replaces the Raj in post-colonial Trinidad, the chains are off three generations of daughters and mothers in a family in their New World exile. But they are still stuck in place and enduring insecurity and disdain, seen and unseen. Set in India, England, Trinidad and a weekend in St Lucia, with Nobel Laureate Derek Walcott's *Love the Dark Days* (Peepal Tree Press) follows the story of a girl, Peppie, of mixed middle-class Hindu and Eliezer Madras heritage from post-independent India to her family's migration to post-colonial Trinidad. Profoundly raw, unflinching, lyrical, but not without threads of humor and preserved abundance, *Love the Dark Days* resembles the story of a disintegrating Empire.

Available at [Peepal Tree Press](#), [Amazon UK](#) and [Amazon US](#)



IRA MATHUR is an Indian-born Trinidadian award winning multimedia journalist with degrees in Literature, Law and Journalism. She is currently the Trinidad Guardian's longest-serving columnist, and has featured for The Guardian (UK) and the BBC. In 2021 Mathur was longlisted for the Bath Novel Award for her unpublished novel *Twisting Dr. Strangelove*. In 2019 Mathur was longlisted for the Johnson and Aronoff Caribbean Writers Prize. In 2018 she shortlisted for the Bridget Storer Story Prize, the Lotus Hemmingway (short story) and Small Axe Literary Competition. Mathur gained a diploma in creative writing at the University of East Anglia, UK.

Author's website: [www.irasroom.com](http://www.irasroom.com)

PUBLISHING DETAILS  
Book Title: Love the Dark Days | Author: Ira Mathur | Publisher: Peepal Tree Press | US Release Date: July 7th, 2022  
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Pages: 230 | US Distribution: Independent Publishers Group - IGP | Price: \$19.95 | £12.99

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ABOUT CHRIS HOLLIDAY:  
Chris Holliday is the founder of Elevated Perspectives, an executive coaching and training company. She is also a *Goat Guide* and *Chief*, where she leads groups for senior executive women. Since 2014, she has trained and coached global leaders—men and women—in leadership and communication at companies including Abbott Labs, LVMH, GE, eBay, PayPal, Intel, and Post Consumer Brands.

Before becoming a coach, Chris was a marketing professional and a working actor. She uses her acting experience to help clients improve their communication and executive presence.

Chris Holliday holds an MBA from Northwestern University's Kellogg School, and a Masters in Education from Trinity College in Dublin, Ireland. Her passion is helping women thrive personally and professionally.



### DO YOU YEARN FOR CONNECTION AFTER COVID? NEED A GUIDE TO BUILD AUTHENTIC RELATIONSHIPS?

Meet Kate Somerset, newly single and new to New York City, whose 15 hilarious real dating stories based in Manhattan, teach life lessons about courage, resilience, and optimism.



"In a world craving human connection, this is the book you've been waiting for. Reading it invites a roller-coaster of emotions—laughter, surprise, delight, shock, joy, and hope. In a unique telling of fifteen one-of-a-kind dating experiences, the irrepressible Kate Somerset teaches life lessons on a brave journey to find herself in New York City. This isn't just a book about dating, it's about having a possibility mindset in life. No matter your own circumstance, you'll be inspired to get out of your comfort zone, believe in yourself, and embrace the future."

—JACK CANFIELD, Coauthor of *The Chicken Soup for the Soul®* series and *The Success Principles™*

### "Mom... You Just Need to Get Laid: The Adventures of Dating After Divorce"

BOOK  
PUBLISHER: Brooklyn Writer's Press  
LAUNCH DATE: May 17, 2021  
PAGE COUNT: 306

AUTHOR  
Kate Somerset, a pen name. Inspired by her daughter's challenge to 'get a life' after 24 years of marriage in Texas, Kate takes New York City by storm. Her true 'Sex and the City' adventures in Manhattan captivate, entertain, and inspire. 15 Men. 15 Stories.

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AVAILABILITY  
Based in New York City  
Open anywhere pen name discretion honored!



### 100 THINGS TO HATE BEFORE YOU DIE

by Claudia Stavola

UNCHAINED PRESS



If George Carlin, Greg Giraldo, and Sebastian Maniscalco had a baby...it would be f\*\*king weird because none of them have a uterus and two of them are dead. But if it were possible, you'd get *100 Things to Hate Before You Die*.

A funny, reliable, and irreverent escape for comedy fans who are fed up with everything going on in the world but can still find humor in the dumb and dumber.

In this uproarious, honest, and biting collection of essays, stand-up comedian, *Monsters of Rock* morning show DJ, and *Madhouse Magazine* writer Claudia Stavola shares her unapologetic rantings, true stories, lists, observations, sly solutions to serious problems, and absolute fury over inconsequential things like the shorts-skirt-wearing guy and Gaymuth Paltoo's vagina candle, to more provocative topics such as angry "patriotic" guys, and dating show dweebs.

How many times a day do you shake your head in disbelief over other people's behavior (and then take a picture of it to post on social media)? Have you ever wanted to choke out the self-absorbed idiots who have gender reveal parties...with explosives... in a desert? And how many people per day do you want to body slam for their crummy, juvenile Facebook posts?

There are plenty of guides for where to travel, what to eat, or what to watch before you die, but when you're flooded with antipathy over just about everything, it's hard to know where to direct your disdain. Claudia is here to help! *100 Things to Hate Before You Die* is an easy-to-read collection of fiery musings that will help you focus on what to hate and why.

Get ready for a ride of emotions—you'll go from pissed off to more pissed off—but in the most hilarious, engaging, and funny way possible.

So sit back, light your veg candle (as long as you're not at a gender reveal during a drought), and get ready to laugh!

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TITLE: 100 Things to Hate Before You Die | Author: Claudia Stavola | Genre: Humor & Entertainment  
PAGE COUNT: 271 | TRIM: 6 x 9 | PUBLICATION DATE: November 22, 2022  
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AVAILABLE THROUGH AMAZON AND ALL MAJOR ONLINE RETAILERS

### GENERAL PUBLIC SPEAKING

Mariana Gonstead LL.B., J.D., LL.M.  
Global Conflict Prevention & Resolution Expert  
With more than 2 Decades of Experience.



### Reducing the Cost of Conflict: How to Leverage Differences between Government, Investors, and Civic Society

MARIANA GONSTEAD is a law professor who holds 3 law degrees—2 from Harvard and 1 from Venezuela. She is a World Bank consultant, taught at the World Trade Institute in Switzerland, and co-chaired the American Bar Association Section of Dispute Resolution's Law School Committee. She has publications in English, Spanish, and Portuguese. She speaks, trains, and consults around the globe.

### Reducing the Cost of Conflict: How to Leverage Differences in the Family

A New Perspective About Conflict as a Tool: Transform Differences from Liabilities into Assets

SPEAKING, TRAINING, AND CONSULTING IN THE FOLLOWING AREAS:

1. Using Conflict as a Tool: Conflict can damage and destroy. But, conflict can also be a powerful tool to create value together if you know how to use it. Through this program you will: 1) broaden your understanding of conflict (beyond legal rights) and 2) learn to select the appropriate process and experts.
2. How to Reach Mutually Satisfying Agreements Without Compromise: Without giving in, this program introduces an innovative system to: 1) reach agreements that satisfy the interest of all and 2) deepen the knowledge of those involved to better predict future decision making.
3. How to Unlock Our Unique Potential by Connecting Beyond Common Ground: To avoid the cost of fragmentation and to reach peak performance, we need to understand our underlying values. This program provides innovative tools to maximize cohesion by: 1) discovering the impact of values and norms and 2) discerning the appropriate level of integration. For those who have to share decision-making power, there is an advanced program available.



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